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## Montréal Communiqué

May 29, 1969.

TASK FORCE ON SPORTS: Roy McKelvie, who is helping co-ordinate YMCA physical education activities in Greater Montreal, suggests the Association could significantly help implement some of the recommendations contained in the recent report of the Task Force On Canadian Sports.

The YMCA is concerned mainly with adults and youngsters who never made their school teams and are unlikely to win any medals for performance in the years ahead. But it also promotes amateur athletics by providing basic skill instruction and opportunities for mass participation in physical education programs.

Sports governing bodies could take over the further development of youngsters with promise for competition. This would in turn enable the Y to concentrate on activities for people who take part in sports and fitness programs for the pleasure, recreational, social and health benefits they derive from them.

FITNESS PROGRAM LAUDED: YMCA efforts to stem the current 'epidemic' of heart attacks were lauded at DOWNTOWN BRANCH'S Awards Banquet by Dr. H.F. Mizgala, a prominent cardiologist and consultant with a number of major Montréal hospitals.

"Scientific evidence is rapidly accumulating to indicate that proper exercise may not only play an important role in preventing coronary artery disease, but may be of great benefit to those already stricken," he said.

BECOMING A MORE EFFECTIVE SOCIAL FORCE: A contingent of 25 persons from Greater Montreal participated in the annual meeting of the National Council of Canadian YMCAs. Held May 22-24 at Geneva Park, Ont., it attracted some 300 delegates from across the country.

Emphasis of the discussions was on ways to make the YMCA a more effective social force, a national Y policy on social issues, human rights, the greater involvement of young people and women in decision-making and the Y's statement of purpose.

"We shall be taking risks and getting into trouble," warned John Carson, National President of the YMCA and Chairman of the Public Service Commission of Canada. "But the Y is committed to express itself on social issues where it has concern, interest and competence."

During the marathon round of meetings, Susan Young, a 19-year old fellowship student at Sir George Williams University, became one of the first three females ever named to the board of the National Council. Other new Montreal appointees to this policy-making body are R.A. Irwin, President of Consolidated Bathurst and J.G. Kendrick, President of Zeller's Ltd.

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Fred Hubbard, former General Secretary of the Montreal YMCA, was cited for his many years of outstanding service and made an Honorary Lifetime Member of the National YMCA.

DETACHED WORK IN VERDUN: VERDUN-LASALLE YMCA will coordinate an inter-agency Detached Work program for young people in the City of Verdun. Patterned after a pilot project operated last summer by the branch, it is being backed by the municipality's administration, police and recreation departments.

Bill Russell, Verdun-LaSalle's Executive Secretary, expects to start with a team of two full-time workers. Two others will be added if, as is expected, service clubs in the area lend their support.

A REAL 'SLEEPER': The Montreal YMCA's WESTMOUNT BRANCH faces one of the pleasantest, most spacious and best-tended parks in Greater Montreal. Yet it is just 10-15 minutes away, by public transportation from the bustling downtown centre of the city.

Few of the thousands of people who daily pass this three-storey full-facility building realize that it contains 26 residence rooms. Rates for accommodation range from \$17 to \$20 a week or \$2.50 to \$4.00 a day. Costs include full membership privileges, and parking is available at \$1.25 a week.

For those who insist on staying right in the heart of the action, the Y's downtown residence is the place. Long established as a stopping place for budget-conscious visitors, it also has competitively-priced executive-type accommodations.

B & B AT KANAWANA AND DAY CAMPS: Kamp Kanawana will this summer operate a special French-language section for English-speaking boys age 12-16. It is designed to encourage the campers to learn the language naturally while enjoying all the fun and benefits and an all-round program. For further information please contact Geoff Anderson at 849-5331 or your local YMCA.

In the city, day camp programs of INTERNATIONAL, VERDUN-LASALLE, WEST ISLAND and WESTMOUNT BRANCHES will either be bilingual or have special French-language sections. In cooperation with the Quebec Association for Mentally Retarded Children, West Island's day camp complex on Ile Perrot will also have special activities for handicapped youngsters.

ARE GIRLS MORE DARING? Young people, age 18 to 25, male or female, have until June 10th to register for "Aventure Canadienne"--a two-month tour across Canada. Prospective participants are asked to submit an outline of what they would like to do during the trip. Total cost--including food, travel and accommodations--is \$200.

The project, conceived by the YMCA and backed by Secretary of State Gerard Pelletier, is designed to promote functional bilingualism, and provide young Canadians with a matchless opportunity to gain an insight into the attitudes, aspirations and ways of life of people in different parts of the country.

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To date the ratio of female-to-male applicants is about 7:1.  
For further information please contact Leon Ouaknine of DOWNTOWN  
YMCA's Continuing Education Department at 849-5331.

For further information please contact: Bill Sher,  
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